

**FOR IMMEDIATE RELEASE**

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**CATCH THE WAVE OF EVENTS  
SPLASHING ONTARIO BEACH PARK AT THE  
2010 SPORTS & MUSIC FESTIVAL!**

**ROCHESTER, N.Y.** – This year's **Sports and Music Festival** will be hosted by the **Monroe County Sports Commission** for the fourth year in a row. Come hang out and relax with us at **Ontario Beach Park** from early morning to late afternoon **July 10 & 11, 2010**. Last year this event attracted over 2,000 people, don't be one to miss it!

We have an array of exciting events this year that will include the **USA Wrestling Beach National Championships, World Team Trials & High School Beach Duals**, the **Corona Wide Open Beach Volleyball Tour**, the newly added **Northeastern Pickleball Tournament, NOVA Beach Kickball Tournament** and **Dodgeball**. Adding to the fun-in-the-sun-sports will be live DJ entertainment all day.

Local host the of this year's USA Wrestling Beach National Championships, **Team Titan Worldwide Wrestling Club**, plans to bring several of the nation's best Beach wrestlers to dual in the sand rings. With a record number of participants last year the event is expected to grow even more this year as wrestlers are competing to represent the United States in the FILA World Beach Wrestling Championships in Montenegro this August. High school wrestlers will also be competing for the title of Champion and the prestigious Beach Belt award that goes to the top high school wrestling club.

The **New York Outdoor Volleyball Association (NOVA)** will be bringing some of the best outdoor volleyball players to the sand courts for The Corona Wide Open Beach Volleyball Tour. Witness a display of astounding athleticism from these men and women in doubles play on Saturday and fierce local competition in the Junior tournament for girls and boys on Sunday. NOVA will also be hosting two of our brand new events, yet long-time fan favorites, Beach Kickball and Dodgeball. Dodgeball will be played on Saturday in the courtyard of the Bathhouse and Kickball will be played on Sunday with winners advancing to the coveted Ten Ugly Men Festival Kickball Tournament. Both competitions are open to the public.

Pickleball is one of the fastest growing sports today and will be one of the premier sports at the National Senior Games here in the fall. Come see what this new sport is all about at the **Northeastern Pickleball Tournament** which will take place over both days of the festival and will be played on the basketball courts adjacent to the Bathhouse.

Register today for wrestling, volleyball, and pickleball via the Sports Commissions website at [www.monroecountysports.org](http://www.monroecountysports.org) . If you have any interest in being a sponsor for the event please contact the Monroe County Sports Commission at 585-262-3832 ext. 11.

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